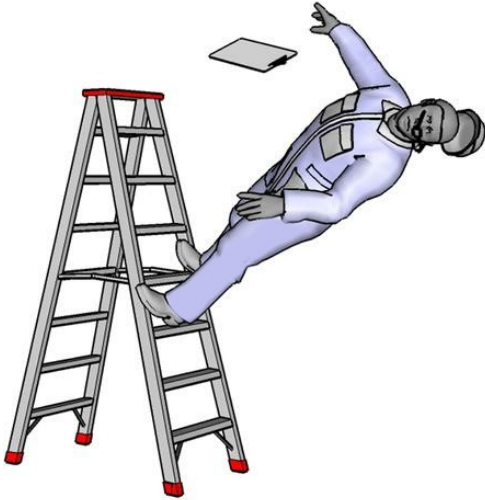


# Working at Height Ladders & Step Ladders Training



## WHO SHOULD ATTEND

- Operatives
- Labourers
- Customer Care Operatives
- Maintenance Staff

## COURSE DURATION

- ½ Day

## COURSE CONTENT

- Legislation and Working at Height Hierarchy
- Planning Work at Height
- Hazard Spotting - Unsafe Working Practices
- Risk Assessment & Effective Control Measures
- Alternatives to Ladders & Step Ladders
- Safe use of Ladders and Step Ladders
- Ladder Inspections and Checks
- Emergency Procedures

## AIMS

This course provides practical and theoretical guidance for safe working at height including explanation of the legislative hierarchy and the need to effectively plan for working at height